

Declaration of Teenager Independence

We the teens of the United States of America are being treated unfairly and being revoked of our privileges in and outside of school. Society is stripping us of our rights that we were born into, the right that say we have the freedom to express ourselves and the freedom to assemble peacefully. They're all being taken away or changed by the school system

We as teens declare the right to have open campus lunches. We're forced to eat the disgusting school lunches everyday and if you don't want to receive these lunches you either have to bring your own lunch from home, which means you would have to either have to pre pack a lunch the night before which most of us do not have time for or you would have to make one in the morning while you're getting ready for the day which can get stressful and you might not even have time for. We are also given the choice of ala carte which is not too much better than the everyday lunch. Ala cart has the same food which gets old and they're more of snacks instead of meals. So instead of having these choices we should be allowed to leave school to either go home or to a restaurant close to here to have lunch. This would give students a chance to show how responsible they are, how they can manage their time with having to be back on time for their next class, and a break to have some you time throughout your day. Having an open campus gives more food options and it gives students who don't have money to spend at school the chance to go home to eat for that has already been bought. In order to have this privilege we would have to sign a paper along with our parents saying we will not ditch and we will arrive back to school on time. We would be able to leave school around 12:15 and be back by 1:50. We would also need to sign out at the office every day we leave along with sign in when we return to school.

We the teens declare a later start to school. We're forced to start school at 8:10 which means we need to wake up at the crack of dawn if we want to fit in a healthy breakfast, get ready and do other things to prepare for the day. We as teens have a busy schedule, with school, sports, and having a job. Most athletic students have a very busy schedule because they have to get up and ready for school, attend school, go to the sport they're in and then come home late with loads of homework to do along with socializing with your family and talk about your day and possibly even dinner. Some of us tend to skip dinner and just get some snack while we work on our homework and then get ready for bed. Our brains are not mentally ready for us to concentrate in the mornings at 8:10 in the morning which leads to students not being their best and not able to concentrate on the curriculum being taught.

We the teens declare the option to leave 8th hour early. At Spring Valley High School our 8th hour is dedicated to finishing homework and getting help on classes you need. But if we're done with our homework this 8th hour is useless to us students. We should be able to leave early from school if you're in highschool and have your license. You will also need to hold a 3.0 GPA or higher, you can also not being in any type of trouble outside of the school and need to have all homework done before you leave along with no missing assignments. Giving students this right can help them be able to get a break before work or sports. They can go home and rest until they need to return to school or go to work.

We the teens declare to have vending machines throughout the school. We used to have vending machines for drinks such as water, propel and gatorades and then got them taken away. We need these back. We're growing teens. We're hungry. We deserve to be able to get snacks when we want them so we're not hungry throughout the day. We are still growing, as well as our minds so we need energy to help use throughout the day. In these vending machines there should be snacks such as chips, cookies, candy bars, and even another one that has fruits in it and sports drinks. These machines will of course cost money for use to but these things. We would use the money to support the snack machines so that we can frequently replenished the machines with new snacks.

We the teens declare to not be told what we can and cannot wear to school. Many teenage girls feel targeted about what we wear because of how strict our schools are about what we wear. We are forced to wear shirts that can't show our bra straps and need to cover our shoulders. No guy is going to get the wrong impression about a girl's shoulder. Guys are able to wear ripped shirts and cut offs and not get yelled at. Girls want to be able to wear what they feel comfortable in. Of course we would still wear clothing, no showing of cleavage or butt. We just want to not get yelled at for what we find comfortable and clothes that we bought to wear in public and not get criticised for it.

We the teens declare to have reasonable expectations for school. Schools are very strict over everything we do, what we wear, what we eat, how we act. We also don't study for classes 23 hours a day! We ourselves have a social life consisting of family, friends, sports, jobs, and extracurricular activities we are apart of. We want to be given a break from our busy school lives and not have so much expected from us. Teenagers are very stressed human beings.

We the teens declare to be able to eat and drink in school. We are growing, moody and very hungry human beings. Some of us may have missed breakfast because we didn't have time at home to eat. Most students are either involved in after school activities or have a job to go to and don't have time to get something to eat in between school and their activity. Teachers are allowed to eat snacks at their desks throughout the day as well as elementary students who are given snack breaks, so why can't we be able to eat snacks throughout our day? Allowing

students to eat in class would help make us happier overall and more productive to be and work our best throughout the day. In return for giving us this right we would of course pick up our garbage and crumbs. Students would also be able to get this privilege taken away in certain classes if they are being distracting or inappropriate with the food.

We the teens declare to have more future based classes to prepare us for adulthood. We as students are given classes that won't help benefit us for what we are interested in or what we would need for our future. If we we're given more class options students would actually try harder in school because it's something they're interested in and would like to learn more about. Along with being able to take classes that will prepare us for adulthood, such as learning about baking, buying cars and house and the large process that comes with those things and how to do them so that we're not clueless about them when we graduate from high school.

We the teens declare the right to our own freedom through the rights we were born into. We work hard and deserve these rights. The teenagers of America declare to have open campus lunch in hopes learn responsibility and management of time, a later start to school so we can be the best we can be, leave 8th hour early from school to get a break from our busy day, vending machines throughout the school to replenish our bodies throughout the day, have a less strict dress code especially for females in hopes to become more confident with our bodies, have reasonable expectations from our school staff because we too have our own teenage lives to live, be able to eat and drink when we please to be more productive throughout the day, and finally have more future based classes set to help us learn about expenses and adulthood before we graduate. To reach our independence for our future we firstly need to be given these rights in our teenage lives. Today is the day that we the teens of the United States earn our rights back.