

#12 - Declaration of teen independence

Having rights as a teen. Is that good for students to have rights at school or other social activities? Yes I do because of the strict rules keeping them to express themselves and strengthening their moods and mental health problems. Having our future of life if people keep us from doing these things then we won't accept people for who they are. Having the students of Spring Valley High School sick of not being heard. Having them go to teachers and administrative and them doing nothing about the issues we have. They're not stupid little complates they're real problems that need to be fixed. This is what we need as students in the school.

● Dress code

The school has have strict dress code. Yes I understand that we cant be naked but the shoulders really? I asked a few guys if "shoulders" are distracting and they say no. So why do they make assumptions that it does? Some of them are ridiculous like not wearing jackets yes I understand not big jackets but there are thin ones. In the winter its cold and you didnt wear a sweatshirt and you are freezing cold what do you do wear a jacket. Or if you are in sports and you have to look nice and you dont wanna put a sweatshirt over it and it's cold let them wear something. They yell at us for wearing not enough and then they yell at us for wearing too much. "Okay then get uniforms" no bad idea I think uniforms don't let people express their personality and what they wanna wear. Yes, I think it might be easier to put on the same thing on and not have to deal with what your going to wear the next day. Sure but there's a line between to much and too little. To be honest i'm surprised that they let people dye their hair a different color then "normal". The hair color that's distracting to have a lot of color and you just look at their hair instead of listing but I guess it's different then just wearing a shirt when it's hot out that show your shoulders Or even piercings i'm surprised that we can have nose rings or ears pierced. Or the guys don't get in trouble for wearing a cutoff shirt but we can't wear nice tank top.

● Early for school

They have us go to school so early. Studies show adolescents do not get enough sleep because of early school times. They recommend school starts at 8:30 or later to give students opportunity to get the amount of sleep they need. The average amount of sleep that teens get is 7 and 7 ¼ hours however, they need between 9 to 9 ¼ hours of sleep. Also if they are in sports they have games and they don't get home till 10 then they might have homework and have to do that so they won't get to bed till maybe 12. Even if they end school at 4:30 and start at 9 maybe then that would be fine I'd rather leave school later then wake up really early. Also we can be as awake as a well rested high school student.

● Food

They don't have good food. I understand that the school not going to have gourmet meal. But the meal can at least taste good and don't get me wrong some of the food we have is good but there's their stuff that doesn't taste good or they are undercooked. They could maybe rood that's not cold or they could go to Walmart and get food that's not gross. Or even if they have fruit like apples or oranges something healthy.

● Cell Phones

They are strict about phones I think everyone should have phones so they can become more social and if there's an emergency then they can contacts help. Or during class if they're on their phones not paying attention then that's their problem that they are failing its there fault that they are on their phones.

● Car Issues

They have rules on car issues I don't like that because you can't plan to have your car break down. Yes I understand if you say I ran out of gas that's your problem you should know how much gas you have and get more the day before or leave early enough to get gas. Now if it was like me would I get a tardy or not because they said that school provides transportation but I live in menomonie they're not going to go all the way down there so do I get a pass or do I get a tardy? Or if it's snowing super bad and you're stuck in your driveway then you cant move you should at least try to shovel it out and if you can't, there's no way of moving your car.

● Rules to graduate

Then require you to get a year and a half of gym done for you to graduate that is stupid in my opinion, because some people don't like to run or be active they rather get closer to what they need to know for college. Okay if you wanna be an athletic director for a living then sure you can do phys ed but I personally don't think you should be required to do phys ed. Today society wants everyone to be active but if you get out of the house everyday for school are active if your moving around learning you are active.

● Rides

Our parents expect us to have a ride places like to games or other activities we want to be apart of when we are in high school kids should always have a way to get to these things when we go places if there our Uber's everywhere there are no Uber's in Spring Valley. There's a billion ways to get places. Our parents should always take us places when we don't have our licenses we need rides and when we get it they never have to take us places again and I think when you 16 and have a license you should get a car from a family member with tabs and everything.

● Bullied

The school does nothing when people get bullied they promote things like "we will help you when you are bullied you just need to come to us" but we do that and they do nothing about it there are so many stories of kids getting bullied and teachers doing nothing about it until they tell the parents and they yell at the school. Most of the people I know dropped out of school because there was too many rules and bullies. The percentage of students ages 12-18 who reported being bullied dropped to 21.5 percent. That's down from 27.8 percent in 2011, and a high of 31.7 percent in 2007.

There are so many other things the students of Spring Valley can talk about, theses are only 8 of them. The students of Spring Valley wants to change the way we learn and go to school to make it something we actually wanna do. Most of them want to drop out but if we change the way we learn they will want a better future. That is why I want to change the ways we learn and the way teachers treat students.

